

**Matí**

Hora	Dilluns	Dimarts	Dimecres	Dijous	Divendres	Dissabte	Diumenge
<b>07:00</b>	07:00 - 07:50 (Sala 3) <b>Cycling</b>	07:30 - 08:15 (Piscina 2) <b>Aqua Dynamic</b> 07:00 - 07:50 (Sala 1) <b>GAC</b>	07:00 - 07:50 (Sala 3) <b>Cycling</b>	07:30 - 08:15 (Piscina 2) <b>Aquagim</b> 07:00 - 07:50 (Sala 1) <b>Tono</b>	07:00 - 07:50 (Sala 1) <b>Bodypump</b>		
<b>08:00</b>	08:30 - 09:20 (Sala 1) <b>Tono</b>	08:30 - 09:20 (Sala 1) <b>Bodycombat</b>	08:30 - 09:20 (Sala 1) <b>TBC</b>	08:30 - 09:00 (Sala 1) <b>Cxworx</b>			
<b>09:00</b>	09:15 - 10:00 (Piscina 2) <b>Aqua Dynamic</b> 09:30 - 10:20 (Sala 3) <b>Cycling</b> 09:30 - 10:20 (sala 1) <b>Dance</b>	09:15 - 10:00 (piscina 2) <b>Aquagim</b> 09:30 - 10:20 (Sala 3) <b>Cycling</b> 09:30 - 10:20 (Sala Fitness) <b>Technogym - Easy Line</b> 09:30 - 10:20 (sala 1) <b>Step Nivell 2</b>	09:15 - 10:00 (Piscina 2) <b>Aqua Dynamic</b> 09:30 - 10:20 (Sala 1) <b>Bodypump</b> 09:30 - 10:20 (Sala 2) <b>GAC</b>	09:15 - 10:00 (piscina 2) <b>Aquagac</b> 09:30 - 10:20 (Sala 3) <b>Cycling</b> 09:30 - 10:20 (Sala Fitness) <b>Technogym - Easy Line</b> 09:30 - 10:20 (Sala 1) <b>Zumba</b>	09:15 - 10:00 (Piscina 2) <b>Aqua Dynamic</b> 09:30 - 10:20 (Sala 1) <b>Bodycombat</b> 09:30 - 10:20 (Sala 2) <b>Corpore</b>		
<b>10:00</b>	10:30 - 11:00 (Sala 1) <b>Hipopresivo</b>	10:30 - 11:00 (Sala 1) <b>Abdominals</b>	10:30 - 11:00 (Sala 1) <b>Hipopresivo</b>	10:30 - 11:00 (Sala 1) <b>Abdominals</b>	10:30 - 11:00 (Sala 1) <b>Abdominals</b>	10:00 - 10:50 (sala 1) <b>Bodycombat</b>	
<b>11:00</b>	11:00 - 11:45 (piscina petita) <b>Aquamaster</b>	11:00 - 11:45 (piscina 1) <b>Aquaprofunda</b>	11:00 - 11:45 (piscina petita) <b>Aquamaster</b>		11:00 - 11:45 (piscina petita) <b>Aquamaster</b>	11:00 - 11:50 (sala 3) <b>Cycling</b>	

Hora	Dilluns	Dimarts	Dimecres	Dijous	Divendres	Dissabte	Diumenge
<b>Tarda</b>							
<b>13:00</b>	13:30 - 14:20 (Sala 1) <b>GAC</b>	13:30 - 14:20 (Sala 1) <b>Bodycombat</b>	13:30 - 14:00 (Sala 1) <b>Cxworx</b>	13:30 - 14:20 (Sala 1) <b>Bodypump</b>			
	13:30 - 14:20 (Sala 3) <b>Cycling</b>	13:30 - 14:20 (Sala 3) <b>Cycling</b>		13:30 - 14:20 (Sala 3) <b>Cycling</b>	13:30 - 14:20 (Sala 3) <b>Cycling</b>		
<b>14:00</b>	14:30 - 15:00 (Sala 1) <b>Cxworx</b>	14:30 - 15:20 (Sala 1) <b>Step Nivell 2</b>	14:30 - 15:20 (Sala 1) <b>Bodypump</b>	14:30 - 15:20 (sala 1) <b>GAC</b>	14:30 - 15:20 (Sala 1) <b>Bodycombat</b>		
<b>15:00</b>	15:15 - 16:05 (sala 1) <b>Zumba</b>	15:15 - 15:45 (Sala 1) <b>Cxworx</b>		15:15 - 16:05 (Sala 1) <b>Bodycombat</b>	15:15 - 16:05 (Sala 1) <b>Bodypump</b>		
			15:15 - 16:05 (Sala 3) <b>Cycling</b>				
<b>17:00</b>	17:30 - 18:20 (Sala 1) <b>Bodypump</b>	17:30 - 18:20 (Sala 1) <b>TBC</b>	17:30 - 18:20 (Sala 1) <b>Bodycombat</b>	17:30 - 18:00 (sala 1) <b>Cxworx</b>	17:30 - 18:20 (Sala 1) <b>GAC</b>		
	17:30 - 18:20 (Sala 3) <b>Cycling</b>						
<b>18:00</b>	18:30 - 19:15 (Piscina 2) <b>Aqua Dynamic</b>	18:30 - 19:15 (Piscina 2) <b>Aquagac</b>	18:30 - 19:15 (Piscina 2) <b>Aqua Dynamic</b>	18:30 - 19:15 (piscina 2) <b>Aquagim</b>	18:30 - 19:15 (Piscina 2) <b>Aqua Dynamic</b>		
	18:30 - 19:20 (Sala 1) <b>Zumba</b>	18:30 - 19:20 (Sala 1) <b>Corpore</b>	18:30 - 19:20 (Sala 1) <b>Bodypump</b>	18:30 - 19:20 (sala 1) <b>Step Nivell 2</b>	18:30 - 19:20 (Sala 1) <b>Bodycombat</b>		
	18:30 - 19:20 (Sala 2) <b>GAC</b>	18:30 - 19:20 (Sala 2) <b>Bodycombat</b>	18:30 - 19:20 (SALA 2) <b>Corpore</b>	18:30 - 19:20 (Sala 2) <b>GAC</b>			
	18:30 - 19:20 (Sala 3) <b>Cycling</b>	18:30 - 19:20 (Sala 3) <b>Cycling</b>	18:30 - 19:20 (Sala 3) <b>Cycling</b>	18:30 - 19:20 (Sala 3) <b>Cycling</b>	18:30 - 19:20 (Sala 3) <b>Cycling</b>		
<b>19:00</b>	19:30 - 20:20 (Sala 1) <b>Bodycombat</b>	19:30 - 20:20 (Sala 1) <b>Bodypump</b>	19:30 - 20:20 (Sala 1) <b>Zumba</b>	19:30 - 20:20 (sala 1) <b>Corpore</b>	19:30 - 20:20 (sala 1) <b>Bodypump</b>		
	19:30 - 20:20 (Sala 2) <b>Tono</b>	19:30 - 20:20 (Sala 2) <b>GAC</b>	19:30 - 20:00 (Sala 2) <b>Cxworx</b>	19:30 - 20:20 (Sala 2) <b>Bodycombat</b>			
	19:30 - 20:20 (Sala 3) <b>Cycling</b>	19:30 - 20:20 (Sala 3) <b>Cycling</b>	19:30 - 20:20 (Sala 3) <b>Cycling</b>	19:30 - 20:20 (Sala 3) <b>Cycling</b>	19:30 - 20:20 (Sala 3) <b>Cycling</b>		
		19:15 - 20:00 (piscina 2) <b>Aqua Dynamic</b>		19:15 - 20:00 (piscina 2) <b>Aqua Dynamic</b>			

Hora	Dilluns	Dimarts	Dimecres	Dijous	Divendres	Dissabte	Diumenge
20:00	20:30 - 21:20 (Sala 1) <b>Bodypump</b>	20:30 - 21:20 (sala 1) <b>Zumba</b>	20:30 - 21:20 (sala 1) <b>GAC</b>	20:30 - 21:00 (sala 1) <b>Cxworx</b>	20:30 - 21:20 (Sala 1) <b>Zumba</b>		
	20:30 - 21:00 (Sala 2) <b>Abdominals</b>	20:30 - 21:00 (Sala 2) <b>Hipopresivo</b>	20:30 - 21:00 (Sala 2) <b>Abdominals</b>	20:30 - 21:00 (Sala 2) <b>Hipopresivo</b>	20:30 - 21:00 (Sala 2) <b>Abdominals</b>		
	20:30 - 21:20 (Sala 3) <b>Cycling</b>	20:30 - 21:20 (Sala 3) <b>Cycling</b>	20:30 - 21:20 (Sala 3) <b>Cycling</b>	20:30 - 21:20 (Sala 3) <b>Cycling</b>			
21:00	21:00 - 21:50 (Sala 2) <b>GAC</b>	21:00 - 21:50 (SALA 2) <b>Bodycombat</b>	21:00 - 21:50 (Sala 2) <b>Estiraments</b>	21:00 - 21:50 (sala 2) <b>Zumba</b>	21:00 - 21:50 (Sala 2) <b>Estiraments</b>		